



Design of an occupation - based assessment tool for refugees and asylum seekers

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Introduction

89.3 million individuals displaced worldwide by the end of 2021 (UNHCR- Refugee Statistics, 2022)

- Deprivation of participation in daily activities, roles and routines (Smith, Cornella & Williams, 2014).

CHALLENGE

Lack of occupation-focused assessment tools for refugees (Blakvoort, et al., 2018; Hammell, 2018)

PURPOSE

The development of an occupation-focused assessment tool to explore refugees and asylum seekers' level of satisfaction from participation in daily occupations since their arrival at the host country.

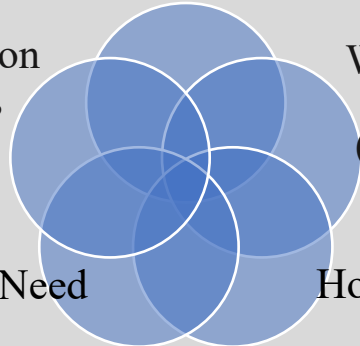
Canadian Occupational Performance Measure COPM
(Carswell, A, et al., 2004)

Model Of Human Occupation
Screening Tool (MH4OT,
2018)

World Health Organization
Quality Of Life-100
(WHOQOL Group, 1998)

Camberwell Assessment of Need
(Phelan, et al., 1998)

Hopkins SC – 25 (Derogatis,
et al., 1974)



Methodology

PHASE 1

Literature review/
establishment of the
theoretical background

PHASE 2

Construction/ design of
an initial draft tool

PHASE 3

Qualitative study: further
development of the tools'
items via pilot studies and
focus groups



Methodology

Research design

Pilot qualitative research study/ Design of a draft assessment tool



Sample

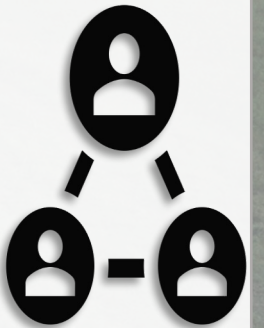
Pilot study I – 4 Cypriot laypeople

Pilot study II – 4 Experts other than OTs

1st focus group – 5 Greek and Cypriot OTs professionals and 2 OT students

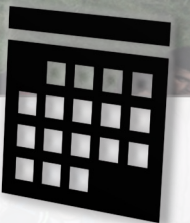
2nd focus group – repetitive (1 more Greek Ot professional participant)

3rd focus group – 5 international OTs and 2 Greek OTs



Place and time

Online meetings (February 2020 – May 2020)



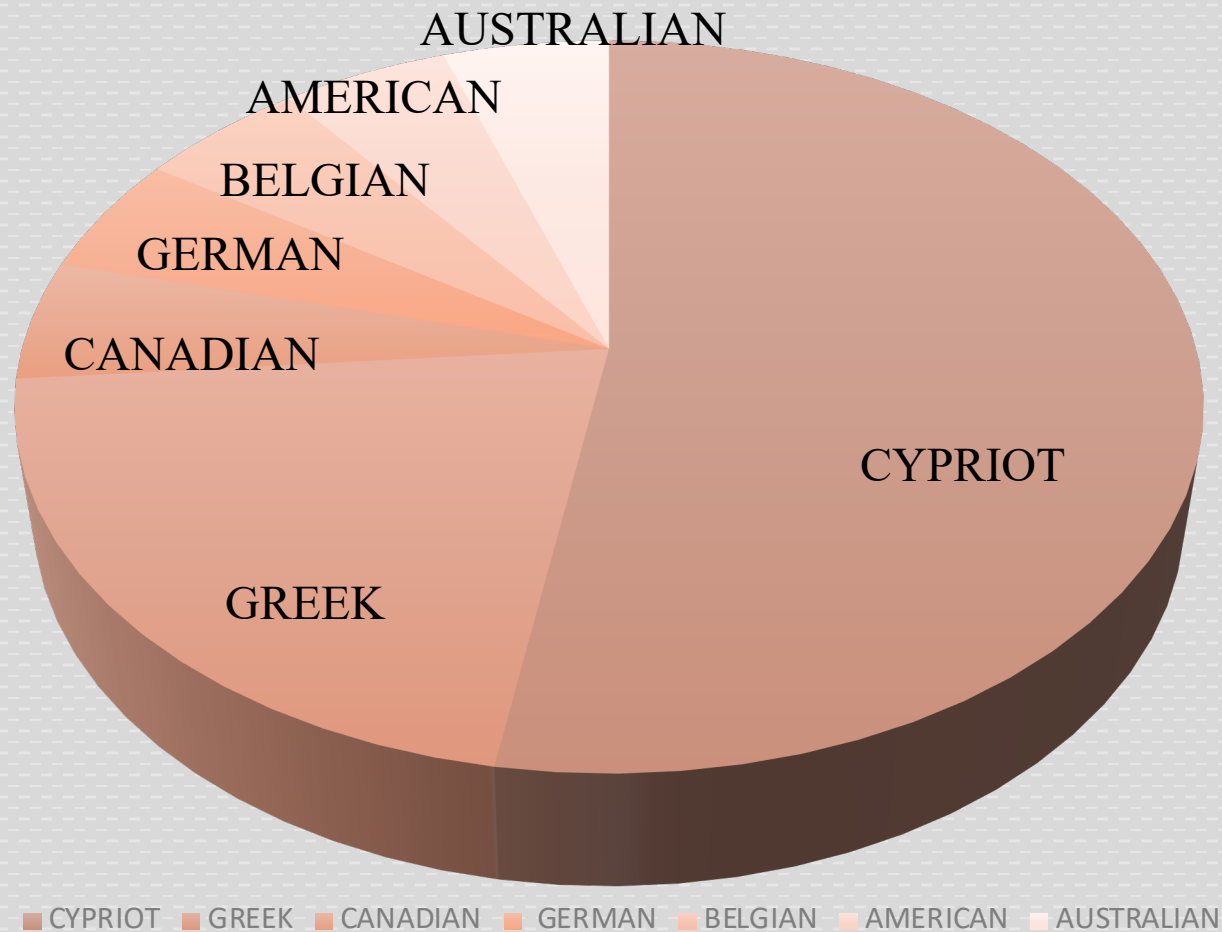
Data processing

Content analysis and thematic analysis

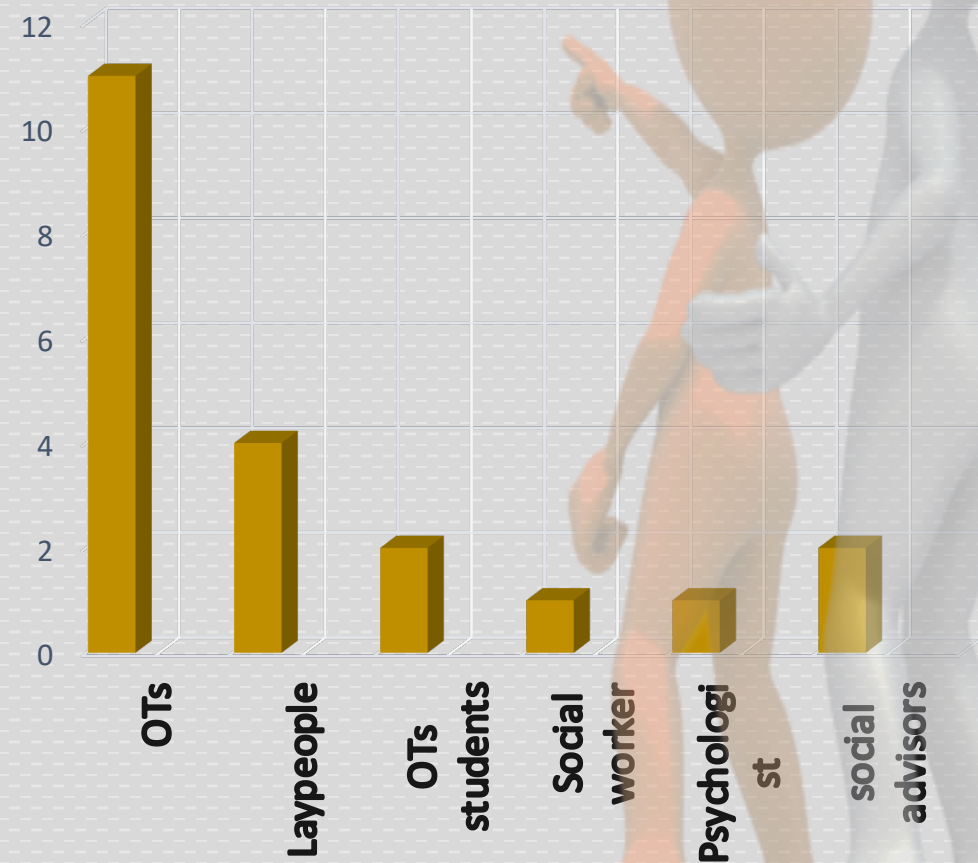


Results

Participant's ethnicity



Participant's profile



Results

CATEGORIZATION

- Addition and recategorization of certain occupations
- Addition of “not assessed” option

FORMATTING

- Demographics – conversion into table format
- Modifications of the tables with the occupation items

WORDING

- Rephrased title
- Adaptions of examples phrasing
- Addition of glossary and the occupational history part
- Rephrasing of instructions / introduction

ADMINISTRATION OF THE TOOL

- Specialists / experts other OTs
- ≥ 17 years old (inclusion criteria)
- “Long” and “Short” Version
- Translation Issues
- Time consuming administration

ASSESSMENT SCALE

- Design of a five-point Likert scale

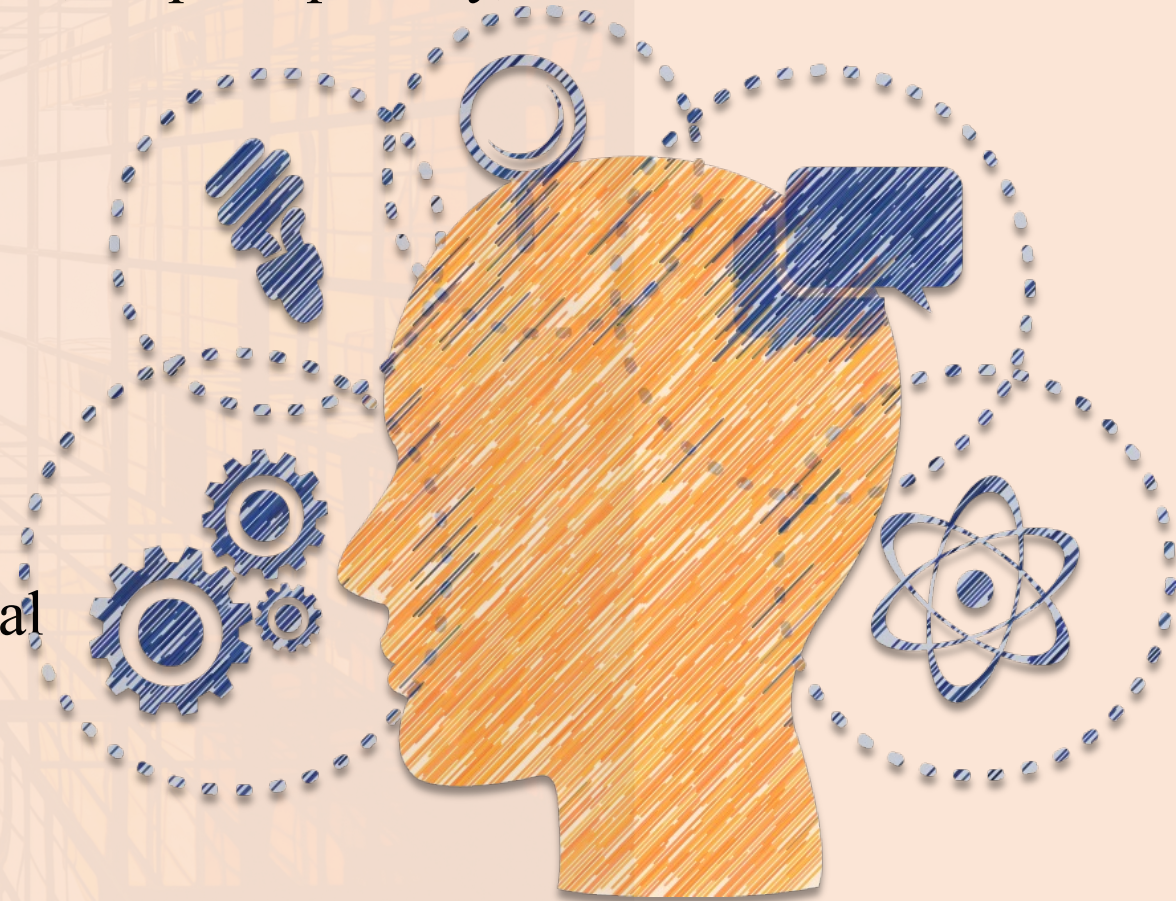
Discussion

Importance of:

- Ethical reasoning process that guarantees consent, respect, privacy, and confidentiality
- Establishing a network of entities

Study limitations

- ❑ Convenience sample
- ❑ The sample represented mostly one geographical area (Cyprus)



Conclusion

The study led to:

The development of the Refugees and Asylum Seekers Occupational satisfaction (RASOS) instrument, a culturally aware occupation-centered assessment tool for refugees and asylum seekers

Currently working on:

- ✓ Implementation of focus group with refugees and asylum seekers

Future steps

- Quantitative study for pilot testing
- Establishment of structural validity
- Estimation of internal consistency



Bibliography

- Carswell, K., Blackburn, P., & Barker, C. (2011). The Relationship Between Trauma, Post-Migration Problems and the Psychological Well- Being of Refugees and Asylum Seekers. *International Journal of Social Psychiatry*, 57(2), 107–119. <https://doi.org/10.1177/0020764008105699>
- Karen Whalley Hammell (2018) Opportunities for well being: The right to occupational engagement, *Canadian Journal of Occupational Therapy*, Volume: 84 issue: 4-5, page(s): 209-222 <https://doi.org/10.1177%2F0008417417734831>
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- Smith, Y. J., Cornella, E., & Williams, N. (2014). Working with populations from a refugee background: An opportunity to enhance the occupational therapy educational experience. *Australian Occupational Therapy Journal*, 61(1), 20–27. <https://doi.org/10.1111/1440-1630.12037>.
- Winlaw, K. (2017). Making the connection: Why refugees and asylum seekers need occupational therapy services. *Occupational Therapy Now*, 19(1), 18–19. <https://doi.org/10.1080/144>.

A photograph of a sunset or sunrise with a warm, orange glow. In the foreground, the silhouettes of several people are visible, holding up flags. The background shows a cloudy sky with the sun low on the horizon. A large, light blue circle is overlaid on the right side of the image, containing the text.

MERCI!
THANK YOU!
EΥΧΑΡΙΣΤΩ!